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CANADIAN ACADEMY OF
GERIATRIC PSYCHIATRY

acgp

ACADÉMIE CANADIENNE
DE GÉRONTOPSYCHIATRIE

CCSMH
CANADIAN COALITION
FOR SENIORS'
MENTAL HEALTH



CCSMPA
LA COALITION CANADIENNE
POUR LA SANTÉ MENTALE
DES PERSONNES ÂGÉES

CAGP-CCSMH

Annual Scientific Meeting Program

Human Rights and the Law: Legal, Ethical and Moral Responsibilities
in Seniors' Mental Health

October 14 - 15, 2022 | Delta Hotels by Marriott Montreal

@CCSMH
@CAGPsych
#CAGPCCSMH2022



WELCOME FROM THE CAGP PRESIDENT

LIVING IN INTERESTING TIMES

Never in history has humanity been so connected and yet so disconnected. We are witnessing change on an epic scale. From the pandemic to journalism to research. “Social media” was meant to bring people together but rather it has divided even families, making Christmas dinners very difficult for some. Antisemitism, Islamophobia, anti-Asian racism, ageism, and depriving women of their rights are all on the rise.

It seems overwhelming and yet there is hope. People getting together to challenge hate, hate speech, flawed research, fake research, etc. A statement that CAGP supported and raised our concerns about Aducanumab was published and highlighted our concerns. The level of networking and professionalism was commendable. It showed that as human beings and professionals we can come together to do the right thing for humanity. Organizations like CAGP serve to provide a platform from which we can address issues of relevance to the people who rely on us to fight in their corner.

The issue of elder abuse is a significant one. From financial scams, extortions, physical and emotional abuse, the current decade has posed unprecedented challenges for the elderly. COVID brought this to the fore. It raised ethical issues about allocation of ventilators, medications, roll out of vaccination, care provided in long-term care facilities, etc. Human rights of the elderly across the world have become a critical issue. From being evicted from their homes, discrimination and financial vulnerability, we are seeing many troubling issues.

As an organization, the CAGP has recognized this, and the ASM team has put this on the agenda for our 2022 meeting. I couldn't be more proud of the work done by Dr. Dallas Seitz and Dr. Marie-Andrée Bruneau. Dallas has been a wonderful mentor and leader, and over the years has helped in ensuring that we get students to attend our annual meetings and inviting speakers of exceptional caliber.

Our membership drive got a major boost with Dr. Popuri Krishna taking over as chair of the membership committee. He worked hard to increase our membership numbers. I would encourage each and every member to do their best to get new members to join the organization, and for existing members to consider joining the board and participate in shaping the future of this very dynamic organization.

Secretariat Central has done an excellent job in ensuring the smooth functioning of our organization and I thank them for all their hard work.

We need to be a voice for the weak, vulnerable, and marginalized elderly. The world has become a much smaller place over the last 20 years and what happens in one part of the world will have a bearing on us. Keeping up with rapidly advancing technology, the growing aging population and limited resources, means we need to be at the forefront of promoting research, developing effective models of service delivery and addressing the efficient use of resources.

Canada has a lot of potential and the ability to become an international leader in psychogeriatrics and I think with focus and perseverance, we will achieve this.

Dr. Shabbir Amanullah
President CAGP



WELCOME FROM THE ASM CO-CHAIRS

Dear Conference Attendees,

We are excited (and slightly nervous!) about hosting our in-person Annual Scientific Meeting this year in Montreal after two years of virtual meetings. While COVID will continue to be with us for some time, the Annual Scientific Meeting planning committee has been working hard to have a safe and positive meeting for all attendees. We are grateful for everyone's support and interest in returning to our in-person meeting as shown by the large number of submissions that we received this year.

Our theme this year is "Human Rights and the Law: Legal, Ethical and Moral Responsibilities in Seniors' Mental Health." We are pleased to welcome Natasha Jacobs from the Alzheimer Society of Canada as our keynote speaker on October 14, 2022, on the topic of "The Canadian Charter of Rights for People with Dementia." Our plenary speaker on October 15, 2022, is Dr. Lillian Thorpe on "Medical Assistance in Dying." We are also introducing a Psychopharmacology Update session at the meeting and bringing back the very popular "Top 10 Papers in Geriatric Psychiatry" session.

We have tried to incorporate opportunities to promote health and wellness throughout the meeting. We will also be hosting a workshop for attendees on "Mindful Self-Compassion" by Emily Moody on October 15, 2022, along with an early morning laughter yoga session for attendees.

Thank you to the ASM Planning Committee members and the Secretariat Central Events team for all the hard work in preparing for our meeting and we hope to see you all in Montreal in October! If you have any questions about the meeting please feel free to reach out (dallas.seitz@ucalgary.ca or marie-andree.bruneau.med@sss.gov.qc.ca).

Sincerely,

Dr. Dallas Seitz and Dr. Marie-Andrée Bruneau
CAGP-CCSMH ASM Co-Chairs

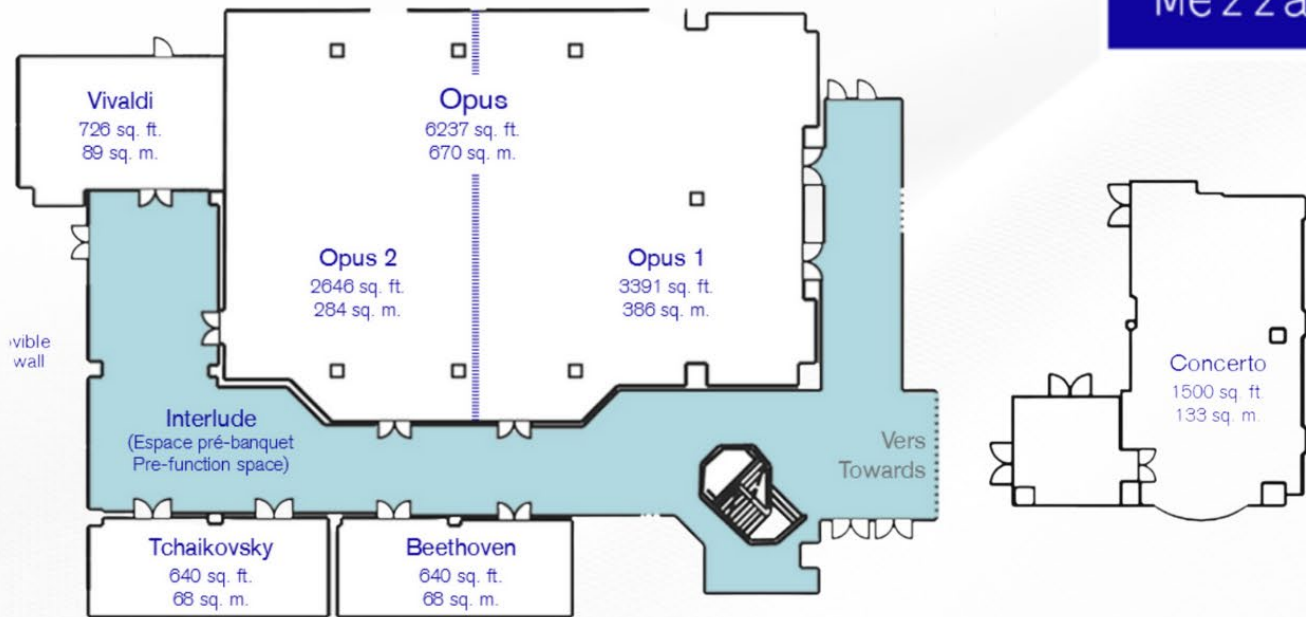
CAGP-CCSMH ASM Committee

Dallas Seitz, ASM Co-Chair
Marie-Andrée Bruneau, ASM Co-Chair
Monica Bretzlaff
Claire Checkland
Simon Ducharme
Tracy Hayes
Karen Leung
Soham Rej
Julie F. Thériault
Lisa Van Bussell
Erica Weir

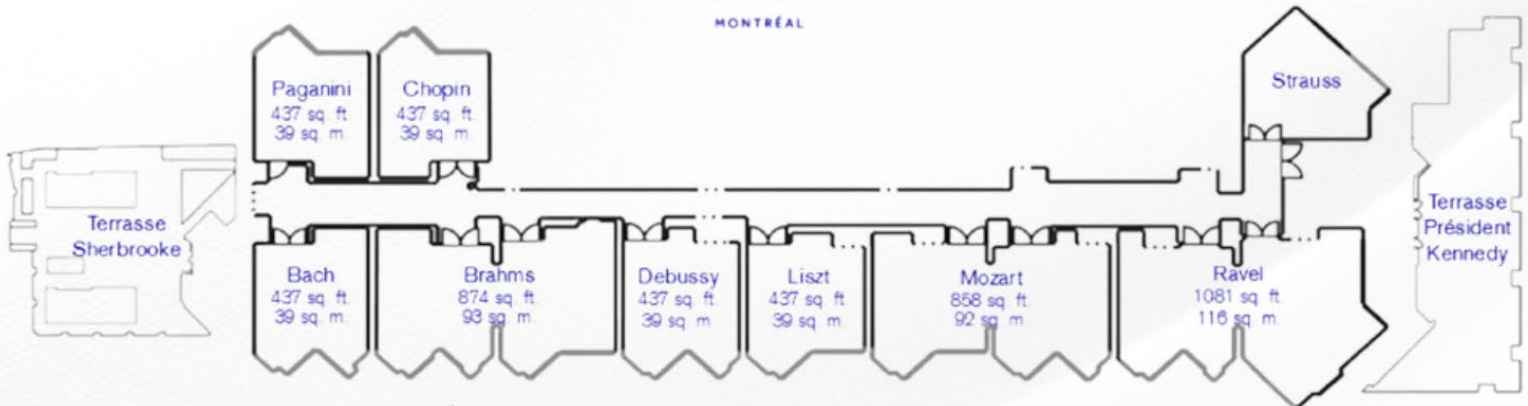


CONFERENCE FLOORPLANS

Mezzarire



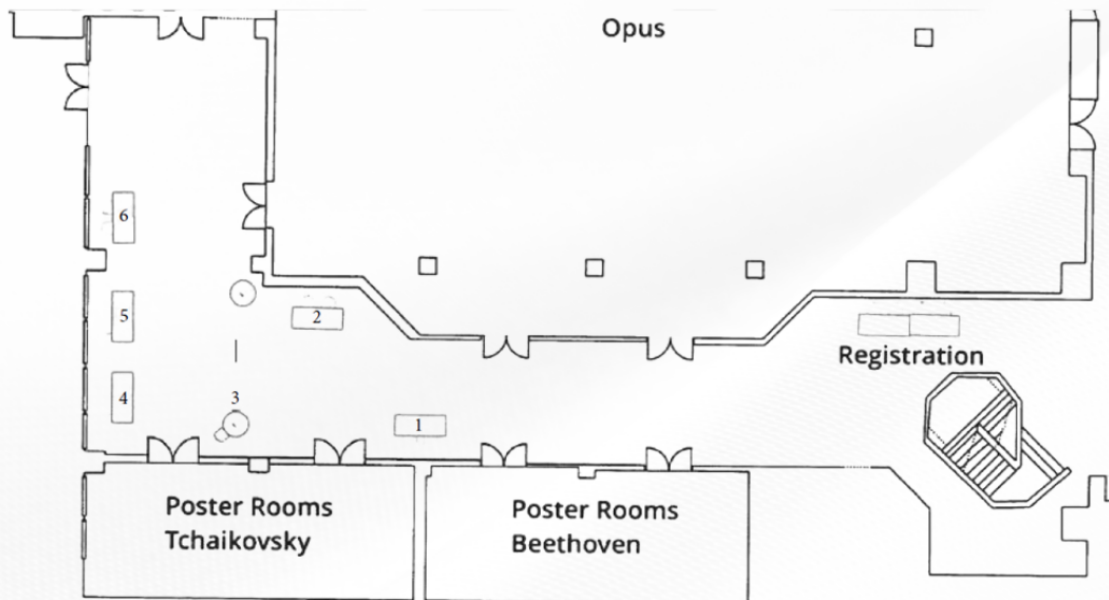
Plaza



Plenary sessions will take place in the Opus room, and concurrent sessions will take place in the Concerto, Opus, Vivaldi, and Mozart rooms. Poster presentations will be held in the Beethoven (Poster #37-57) and Tchaikovsky (Poster #58-70) rooms. Please ensure you take the time to visit the exhibit booths in the Interlude Foyer.



EXHIBITOR FLOORPLAN



- | | |
|---|--|
| 1. MD Financial Management and Scotiabank Healthcare+ | 4. CIHR - Institute of Aging |
| 2. Mental Health Commission of Canada | 5. Canadian Coalition for Seniors' Mental Health |
| 3. RGIG | 6. Capacity Clinic Ltd. |

MEMBERSHIP WITH CAGP

On all occasions, we want to ensure that the content we create and deliver is beneficial to you. For that reason, please don't hesitate to reach out to us at CAGP@secretariatcentral.com with any ideas you may have and what you'd like to see. We are always looking for ways to expand Benefits of Membership – and what better way than to hear from you!

To our members, thank you for continuing to renew your membership with us. By renewing your membership, you are improving seniors' care – the CAGP needs you and seniors need the CAGP! If you are not yet a member we hope you'll join our community. We welcome interdisciplinary members to diversify our knowledge and provide platforms whereby healthcare professionals can network, have access to award opportunities, receive conference discounts, important communications within the geriatric psychiatry community, monthly news bulletins and much more. Visit www.cagp.ca/membership and become a member today!

ARE YOU AN AFFILIATE OF THE CCSMH?

Did you know that the Canadian Coalition for Seniors' Mental Health (CCSMH) was established by us – the CAGP as a result of a 2002 CAGP Symposium identifying gaps in mental health services for seniors? Becoming an Affiliate bears no cost. Affiliates are updated on CCSMH (and their key partners') initiatives in the field of seniors' mental health through frequent emails and e-newsletters. Become an Affiliate today by visiting www.ccsmh.ca!



ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and Quebec Chapter for up to 8.25 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 9.75 hours (credits are automatically calculated). Day 1: 6.0 hours Day 2: 3.75 hours

Claiming your credits: Visit MAINPORT <https://mainport.royalcollege.ca>

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

This program was developed by the Canadian Academy of Geriatric Psychiatry and co-developed with Canadian Coalition for Seniors' Mental Health and was planned to achieve scientific integrity, objectivity and balance.

DISCLAIMER

The CAGP reserves the right to make necessary changes to this program. Every effort will be made to keep presentations and speakers as represented; however, unforeseen circumstances may result in the substitution or cancellation of a presentation, topic or speaker.

OVERALL LEARNING OBJECTIVES

At the end of this conference, participants will be able to:

- understand national and international efforts to address ageism, mental health, and human rights of older adults;
- facilitate discussions about legal and ethical challenges related to seniors' mental health; and
- appraise and balance the value of recent advances in research and clinical care of older adults with mental health issues.

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7:00 a.m. – 8:00 a.m.	Conference Check-In and Breakfast	Foyer
8:00 a.m. – 8:15 a.m.	Welcome and Opening Remarks Dallas Seitz and Marie-Andrée Bruneau, CAGP-CCSMH 2022 ASM Co-Chairs David Conn, CCSMH	Opus
8:15 a.m. – 9:15 a.m. Keynote Address	The Canadian Charter of Rights for People with Dementia – How It Came to Be and the Seven Explicit Rights to Empower Those Living with Dementia to Self-advocate in Canada Natasha Jacobs At the end of this session, participants will be able to: <ul style="list-style-type: none"> • learn about the Canadian Charter of Rights for People with Dementia and its importance; • understand why the Charter was necessary, and that people living with dementia in Canada are entitled to the same human rights as any other person in Canada; and • operationalize the Charter of Rights for People with Dementia in every day life. 	Opus
9:15 a.m. – 10:15 a.m.	Poster Session	Beethoven & Tchaikovsky
Concurrent Sessions: Block 1		
10:15 a.m. – 11:15 a.m.	1. The Canadian Coalition for Seniors Mental Health (CCSMH): The First 20 Years and Counting - Reflections and Future Directions David Conn, Kiran Rabheru, Claire Checkland, Ken Le Clair, Keri-Leigh Cassidy, Dallas Seitz At the end of this session, participants will be able to: <ul style="list-style-type: none"> • describe the origins of the CCSMH; • debate the ingredients for developing and sustaining a successful national coalition; and • discuss and contribute ideas regarding future directions for CCSMH. 	Opus
	2. Withdrawn	
	3. The Use and Effects of Technology-based Approaches in Geriatric Care Chair: Harmehr Sekhon At the end of this session, participants will be able to: <ul style="list-style-type: none"> • learn about different ways to implement technology to improve older adults' mental health; • understand how radio sensing can be used for digital phenotyping in dementia and recognize how digital phenotyping biomarkers can identify medication related changes in behavior; and • understand the role of artificial intelligence algorithms in assessing efficiency within the healthcare system. 3.1. Technology-enabled interventions to improve mental health among older adults Soham Rej	Concerto



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TIME	SESSION	LOCATION
	<p>3.2. Monitoring Behaviors of Dementia Patients Using Passive Environmental Sensing Approaches Ipsit Vahia</p> <p>3.3. AI-driven Solutions in Clinical Practice (or lack thereof) Pascal Fallahollita</p>	
	<p>Oral Presentations – Education</p> <p>4. Design, Development, and Implementation of a Substance Use Disorders Asynchronous Online Course to Complement Competency-Based Postgraduate Training of Geriatric Psychiatry Sub-Specialty Residents Catherine Hickey</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> recognize the importance of diagnosing and treating older adults with substance use disorders; discuss best-evidence principles of multimedia e-learning instructional design; and consider how blended teaching and inter-institutional collaborations may apply to other educational initiatives. <p>5. Operationalizing Subspecialty Training in the Competence by Design model: A Case Study of Lived Experiences Maria Hussain</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> be able to describe key contextual factors that subspecialty programs must consider when implementing CBD; be able to describe key challenges and possible solutions in the implementation of CBD in subspecialty residency programs; and identify unique challenges and differences in the implementation of CBD Psychiatry subspecialty programs and discuss possible solutions. <p>6. Creating a Comprehensive Addictions Curriculum in a Geriatric Psychiatry Subspecialty Training Program Christopher Kitamura, Marilyn White-Campbell</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> participants will learn about the training gap in substance use disorder in older adults, and our novel curriculum as an example of a solution; participants will gain skills in developing medical education offerings, including via the use of traditional and innovative teaching tools; and participants will practice identifying service and education gaps and creating change. 	<p>Vivaldi</p>



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TIME	SESSION	LOCATION
Concurrent Sessions: Block 2		
11:30 a.m. – 12:30 p.m.	<p>7. The Other Capacities: The Role of the Medical Expert in Medicolegal Capacity Assessments Chair: Julia Kirkham</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> describe the tests (criteria) for testamentary capacity, capacity to marry, and related capacities; review risk factors for incapacity in the above areas and for susceptibility to undue influence; and discuss key aspects of clinical assessment of medicolegal capacities. <p>7.1. Principles of Capacity Assessment Carole Cohen</p> <p>7.2. Testamentary Capacity Ken Shulman</p> <p>7.3. Capacity to Marry Julia Kirkham</p>	Opus
	<p>8. Wearable Technologies and Persons with Dementia: Balancing Ethical Considerations Lynn Haslam-Larmer</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> demonstrate an understanding of the ethical issues related to wearable technology in older adults with dementia; discuss privacy and ethical issues from the resident and family perspective; and describe the inequities that are present in the usage of wearable technologies. 	Mozart
	<p>9. Elder Abuse and Seniors Mental Health Outreach: What Do We Do Now? Kim Schryburt-Brown</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify tools suitable for screening and identifying elder abuse during triage, initial assessment and ongoing involvement of SMHO teams; Identify a variety of education strategies used to inform staff of options when working with clients experiencing elder abuse; and apply decision algorithms and elder abuse tools in a case study to illustrate how SMHO teams can use their specialized knowledge and skill when working with clients experiencing elder abuse. 	Concerto



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TIME	SESSION	LOCATION
	<p>Oral Presentations: Improving Care in Long-term Care</p> <p>10. The Baycrest Quick-Response Caregiver Tool™ for Responsive Behaviours in Long Term Care: Background and Methods of a Mixed Methods Study Robert Madan, Kenneth Schwartz</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> describe the Baycrest Quick-Response Caregiver Tool; describe the role for the Baycrest Quick Response Caregiver Tool in the long term care setting; and describe mixed methodology. <p>11. Collaborative Transition Planning- Creating a Pathway to LTC for Adults Living with Serious Mental Illness (SMI) Patricia Potter-Bereznick, Adriana Barel</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> define needs of adults and older adults with serious mental illness (SMI) and complex needs who require long-term care (LTC) support; describe the quality improvement process between adult and geriatric mental health tertiary services in creating a shared pathway; and identify facilitators and barriers to supporting adults with SMI in transitioning to LTC home. <p>12. Changing Hearts and Minds in Acute Care: A Behavioural Supports Capacity Building Package Debbie Hewitt Colborne, Melissa Laroche</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> discover publically available behavioural support capacity building resources tailored to the acute care setting; realize the power of humanistic messaging through art and reflective practice to build capacity in the acute care setting; and describe the impact of a capacity building initiative that utilizes various modes of delivery. 	<p>Vivaldi</p>



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TIME	SESSION	LOCATION
12:30 p.m. – 1:45 p.m.	<p>Lunch & Networking Sessions Please grab lunch in the Foyer and pull up a chair to join one of the CAGP-CCSMH Table Topics which are being held throughout the Opus Room during the lunch hour.</p> <p>Table Topic Sessions:</p> <ol style="list-style-type: none"> Ontario Geriatric Mental Health Networking Moderator: Dr. Mark Lachmann Atlantic Seniors Health Networking Moderator: Dr. Sameh Hassan Quebec Seniors Mental Health Moderators: Drs. Marie-Andrée Bruneau and Elisabeth Cournoyer <p>Western Canada Seniors Health Networking Moderator: Dr. Dallas Seitz</p>	Foyer / Opus
12:30 p.m. – 1:45 p.m.	<p>Trainee Lunch</p>	Ravel
Concurrent Sessions: Block 3		
TIME	SESSION	LOCATION
1:45 p.m. – 2:45 p.m.	<p>13. How to Implement Person-Centered Infection Prevention and Control Measures in Long-Term Care AnneMarie Levy and Andrea Iaboni</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify the goals and apply components of the Dementia Isolation Toolkit to real-world research-based case studies; review the barriers and facilitators to implementing person-centered care tools in health care settings; and acquire skills to develop guidelines and strategies to implement the Dementia Isolation Toolkit into health care settings. 	Mozart



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TIME	SESSION	LOCATION
	<p>14. Proposed Medical-Legal Innovations for Capacity Evaluation Related to Activating the Supported/Substitute Decision-Making Processes Chair: Nathan Spaling</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> describe the general principles for establishing a sound conceptual foundation for screening for decision-making vulnerability across the medical-legal-financial spectrum to incapacity and undue influence; learn the proposed definition of the POA-IS and the proposed criteria for capacity to appoint a POA-IS; and learn the benefits of the proposed novel web-based electronic Power of Attorney registry for accessibility to the health, financial and legal industries and how measures such as the VPS and POA-IS can improve the reliability of appointments. <p>14.1. Design and Implementation of the Vulnerable Person Screener for Risk of Incapacity and Susceptibility to Undue Influence Richard Shulman, Nathan Spaling, M. Jasmine Sweatman, Arlin Pachet</p> <p>14.2. Improving Sharing of Information and Supported Decision-Making M. Jasmine Sweatman, Nathan Spaling, Richard Shulman, Arlin Pachet, Malcolm Maxwell</p> <p>14.3. Establishing the Canadian Electronic Power of Attorney Registry Helen Chen, Nathan Spaling, M. Jasmine Sweatman, Sujan Subendran, Kathleen Lavoie, Ying Zhu</p>	Opus
	<p>Oral Presentations: Ethics</p> <p>15. Medical Assistance in Dying (MAID) for Persons Suffering with Solely Mental Illness: A Survey of Mental Health Practitioners at a Tertiary Mental Health Hospital Robyn Waxman</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> to summarize the perspectives of mental health practitioners regarding the expansion of Medical Assistance in Dying (MAID) eligibility criteria; to examine the safeguards proposed by mental health experts for safe and equitable access to MAID for persons suffering solely with a mental illness; and to reflect and consider these findings and how they will impact our own practice when patients ask for MAID. 	Vivaldi
	<p>16. L'âgisme, parlons-en Anabel Lauziere</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> définir l'âgisme, ses spécificités et ses différentes dimensions; 	



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TIME	SESSION	LOCATION
	<ul style="list-style-type: none"> • élaborer sur les impacts de l'âgisme; and • déterminer quelques pistes d'intervention. <p>17. "First, Do No Harm": Considering a Dignity of Risk for Older Adults with Cognitive Impairment Andria Bianchi</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • at the end of this session, participants will be able to describe the concept of a 'dignity of risk' in relation to other bioethical principles and values; • at the end of this session, participants will be able to employ the concept of a 'dignity of risk' in circumstances within their work, specifically when working with patients who may want to engage in 'risky' behaviours; and • at the end of this session, participants will be able to identify different types of harms that exist in our work with patients, many of which are not just physical. 	
	<p>Oral Presentations: Mood Disorders</p> <p>18. Retreatment with Theta Burst Stimulation (TBS) for Late-life Depression (LLD): A Retrospective Chart Review Hyewon (Helen) Lee</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • enhanced knowledge on the use of rTMS for treatment of late life depression (LLD); • awareness of Theta Burst Stimulation (TBS) and its role in treatment of LLD; and • enhanced knowledge on the role for retreatment rTMS in patients who previously responded to rTMS. <p>19. Association Between Lean Muscle Mass and Treatment-Resistant Late-life Depression in the IRL-GRey Randomized Controlled Trial Nicholas Ainsworth</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • define frailty and relate this concept to characteristics and outcomes of late-life depression (LLD); • distinguish between frailty and body composition, and compare their respective impacts on LLD outcomes; and • describe the unique characteristics of patients with treatment-resistant LLD and the potential impact on the relationship between body composition and outcomes. <p>20. Clinical correlates of Late-onset Versus Early-onset Bipolar Disorder in a Global Sample of Older Adults Paola Lavin</p>	<p>Concerto</p>



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TIME	SESSION	LOCATION
	<p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify differences in core symptomatology of Bipolar Disorders (BD) (depression and mania) in older adults who had a late-onset vs early-onset of the illness; identify differences in functioning in older adults who had a late-onset vs early-onset of BD; and recognize the prevalence of physical comorbidities among older adults who had a late-onset vs early-onset of BD. 	
	<p>Trainee Session – Geriatric Psychiatry Across the Career Span Katerine Rousseau, Keri-Leigh Cassidy, David Conn, Marie-France Rivard</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> discuss the scope and practice of a geriatric psychiatrist from early career to retirement; identify academic and community career options within the field; and apply networking skills to discussions with other learners and geriatric psychiatrists. 	Ravel
Concurrent Sessions: Block 4		
2:50 p.m. – 3:50 p.m.	<p>21. Anti-racism, Anti-oppression and Its Intersection with Geriatric Psychiatry Ilan Fischler</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> apply the concepts of anti-racism and anti-oppression to case examples; describe the influence of systemic racism on the development, diagnosis and treatment of mental illness; and demonstrate an understanding of practical interventions that can be employed to address systemic racism in the practice of geriatric psychiatry. 	Concerto
	<p>22. Mastering Entrustable Professional Activities in Psychopharmacology in an Interprofessional Learning Environment: A Teaching and Assessment Workshop Sophiya Benjamin, Jessica Wasserman, Vanessa Thoo, Joanne M W Ho</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify Entrustable Professional Activities (EPAs) focused on psychopharmacology and documentation in geriatric psychiatry for different levels of trainees with a case-based interactive session; <p>learn to create the conditions that promote interprofessional learning that facilitate achievement of above EPAs; and assess psychopharmacology EPAs in postgraduate trainees from different specialties.</p>	Mozart



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TIME	SESSION	LOCATION
	<p>Top 10 Papers in Geriatric Psychiatry Julia Kirkham, Marie-Andrée Bruneau, Phillipe Desmarais</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • identify some “top papers” related to geriatric psychiatry from scientific journals from 2021 and 2022; • consider the relevance of these “top papers” to clinical practice; and • strengthen appraisal skills by critiquing the literature. 	Opus
	<p>Oral Presentations: Improving Care</p> <p>23. Experiences of Ethnoculturally Diverse People Living with Dementia, and Their Care Partners, with Health Care Providers: Results from the Dementia Journey Survey Ngozi Iroanyah, Joshua Armstrong, Saskia Sivananthan, Haridos Apostolides, Josee Guimond</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • determine the relationship between health care providers and ethnoculturally diverse people in Canada living with dementia and their care partners; • identify the needs of ethnoculturally diverse people living with dementia, and their care partners, in accessing dementia care services, and the needs of health care providers in providing dementia care services; and • apply learnings to future research projects on dementia in ethnoculturally diverse communities, and develop educational resources and inform dementia related guidelines. <p>24. Centering the Margins: Identifying Barriers and Facilitators to Palliative care in a Dementia Focused Psychogeriatric Unit Saumil Dholakia</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • to summarize disease related, health-care system related and individual stakeholder related factors impeding adoption of a palliative care approach for older adults with advanced Major neurocognitive disorder (MNCD); • to examine barriers and facilitators to adopting such an approach at a hospital-based psychogeriatric unit for older adults admitted for management of behavioral and psychological symptoms of advanced MNCD; and • to reflect on the challenges of applying a palliative care approach and internalize evidence-based suggestions centered on the response to holistic needs of older adults with advanced MNCD. 	Vivaldi



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TIME	SESSION	LOCATION
	<p>25. Suicide Prevention, Intervention, and Postvention Among Older Adults: How Are We Fairing and What Can We Do to Improve? David Conn, Claire Checkland</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • be informed of the current state of evidence on suicide and its prevention among older adults; • consider points of clinical intervention for the prevention of suicide among older adults; and • identify priority areas for research and knowledge translation regarding the prevention, intervention and postvention of suicide among older adults. 	
4:00 p.m. – 5:00 p.m.	CAGP Annual General Meeting (members only) - Not accredited	Concerto
5:00 p.m. – 6:00 p.m.	<p>Self-Care with Mindfulness and Self-Compassion - Not accredited Emily Moody</p> <p>In this one hour workshop, Emily Moody will use her experience as a Mindfulness teacher and psychotherapist to teach concrete and user-friendly tools to stay connected with oneself while connecting with others. Emily will guide you through a few short exercises for ourselves and also to share with our patients and their family members.</p>	Opus
6:30 p.m. – onward (Please note: Tickets are additional and must be purchased in advance)	<p>2022 CAGP-CCSMH Celebration Dinner Spend an evening socializing and enjoying great food and drink at Les Soeurs Grises, an artisan microbrewery with unique, savory beers and local "smokehouse" inspired cuisine! Please join us for the Celebration Dinner in the heart of Old Montreal where we will gather to catch up with colleagues and toast the 20th Anniversary of the CCSMH!</p> <p>This year we are celebrating 20 years of the Coalition's hard work and dedication to promote seniors' mental health by connecting people, ideas, and resources.</p>	<p><i>Offsite</i></p> <p>Les Soeurs Grises 32 Rue McGill, Montreal</p>



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Saturday, October 15, 2022

TIME	SESSION	LOCATION
7:00 a.m. – 7:45 a.m.	Laughter Yoga <i>Please note: Registration is required</i>	Hotel Terrasse Sherbrooke
7:45 a.m. – 8:30 a.m.	Conference Check-In and Breakfast	Foyer
8:30 a.m. – 9:30 a.m.	MAiD in Geriatric Psychiatry Lilian Thorpe At the end of this session, participants will be able to: <ul style="list-style-type: none"> • situate MAiD within the continuum of end of life processes in geriatric psychiatry; • better understand current demographics and clinical characteristics of those who have received MAiD in Canada; and better understand ethical and clinical issues related to MAiD in older adults 	Opus
9:30 a.m. – 10:30 a.m.	Networking Break	Foyer
9:30 a.m. – 10:30 a.m.	Track Poster Session (Invite Only)	Beethoven & Tchaikovsky
Concurrent Block #5		
10:30 a.m. – 11:30 a.m.	26. Coping with Ageism in Ourselves and Others: Balancing Acceptance with Resilience Ken Schwartz, Robert Madan At the end of this session, participants will be able to: <ul style="list-style-type: none"> • reflect on our personal feelings with respect to aging and its impact on our personal and professional lives; • increase awareness of both the uniqueness and prevalence of ageism; and • appraise one's comfort /discomfort in identifying and fighting against aging stereotypes. 	Concerto
	27. Capacity to Consent to MAiD: Are Amendments in Keeping with Public Health Law Policy Warranted? Richard Shulman, M. Jasmine Sweatman, Arlin Pachet, Nathan Spaling At the end of this session, participants will be able to: <ul style="list-style-type: none"> • become aware of the general principles for capacity evaluation and undue influence for consent to MAiD; • become aware of the limitation of the test of appreciation as per the Ontario Health Care Consent Act as it applies to MAiD; and • review how caselaw may shape the future of Health Law Policy related to MAiD. 	Opus
	28. Empowering Healthcare Providers and Social Service Employees to Help Prevent, Identify and Address Isolation among Older Adults in Canada Claire Checkland, David Conn, Bette Watson-Borg At the end of this session, participants will be able to: <ul style="list-style-type: none"> • increased knowledge regarding mental and physical health risks associated with social isolation and loneliness among older adults; 	Mozart



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	<ul style="list-style-type: none"> improved understanding of health and social service providers role in preventing and 'treating' social isolation and loneliness among older adults; and clearer sense of evidence-based, stepped-approaches to identifying, assessing and intervening in cases of SI&L among older adults. 	
	<p>Oral Presentations: Optimizing Care</p> <p>29. Do Older Adults Aged 55+ Mental Health Improve as Much Compared to Younger Adults with Cognitive Behavioral Therapy? A Review of a Large Multi-diagnostic, Real-world Patient Database Vincent Jetté Pomerleau</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> review current referral patterns in psychotherapy for older adults; recognize how older adults can benefit from CBT; and address disparity in psychotherapy services by reassessing your referral patterns. <p>30. Prioritizing Mental Health Support, Care and Treatment for Older Adults: What Matters Most to Canadians Elizabeth Kalles</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> participants will learn the top 10 research questions on aging and mental health as identified by older adults, caregivers and health/social care providers across Canada; participants will learn effective strategies to facilitate authentic engagement with experts-by-experience in a virtual environment, including often under-represented groups like aging Canadians and family and friend caregivers; and by the end of this presentation, participants will know several ways they can support or get involved in knowledge mobilization and next steps for this work, which includes the ongoing involvement of a steering group of experts-by-experience across Canada and a project co-designing mental health conversations at the point-of-care in the community. <p>31. Treatments for Depression for Older Adults Living in Long-Term Care: A Systematic Review and Network Meta-Analysis Kayla Atchison</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify which interventions, where depression has been measured as an outcome, have been trialed within long-term care; describe which interventions are efficacious approaches to treating depression for persons living in long-term care based on the existing evidence; and recognize what the gaps in evidence are for approaches to depression treatment for persons living in long-term care. 	Vivaldi



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TIME	SESSION	LOCATION
Concurrent Block #6		
11:45 a. m. – 12:45 p.m.	<p>32. Dignity and Human Rights-Based Care for Older Persons Living with Mental Health Conditions - The "Why" & "How" for Clinicians Kiran Rabheru, Debanjan Bannerjee, Shabbir Amanullah</p> <p><i>*This session will include a pre-recorded presentation by Dr. Debanjan Banerjee and moderated discussion/Q&A with Dr. Kiran Rabheru and Dr. Shabbir Amanullah</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> integrate a human rights and dignity-based strategies into daily clinical care for older persons with mental health conditions; identify the intersections of ageism, ableism, mentalism and elder abuse in older persons; and describe and support the need for an international (UN) Convention on the rights of older persons. 	Concerto
	<p>33. Silver Linings: Supporting Smoking Cessation for Smokers in Long-term Care: Ethical Considerations During COVID Chair: Marilyn White-Campbell</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> demonstrate through case based learning how to assess and treat nicotine dependence; integrate Ethics Principles to Guide Decision-Making to support individuals who engage in risky smoking; and consider the challenges and opportunities for system change. <p>33.1. Silver Linings: Supporting Smoking Cessation for Smokers in Long Term Care: And Ethical Considerations and Moral Responsibilities During COVID Marilyn White-Campbell</p> <p>33.2. Silver Linings: Opportunities for Transformative Change to Address Inequities in Smoking Cessation for Older Adults in Long Term Care and Supportive Settings Carolyn Peters</p> <p>33.3. Silver Linings: Implementing a Resident Centered Smoke-Free Environment for Older Adults in Long Term Care, Pandemic Lessons Learned Harley Hansen, Marilyn White-Campbell</p>	Mozart
	<p>Psychopharmacology Update Bonnie Wiese, Simon Ducharme, Amer Burhan</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> understand the benefits and limitations for novel treatments of insomnia in older adults; understand recent developments in the pharmacological treatment of behavioural symptoms of dementia; and review new evidence for the pharmacological treatment of depression in older adults. 	Opus



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TIME	SESSION	LOCATION
	<p>Oral Presentations: Technology and Geriatric Mental Health</p> <p>34. Addressing the Knowledge Gap for Cannabis and Older Adults David Conn</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> describe the process to identify the gaps in clinician knowledge and expertise regarding cannabis and older adults; describe the process for creating the eLearning modules and KT resources; and summarize the highlights from the eLearning modules and resources available in the Cannabis and Older Adults Toolkit e.g., Safer Cannabis Use. <p>35. Real-time Location Systems in the Care of Older Adults with Cognitive Impairment Living in Residential Care: A Scoping Review Lynn Haslam</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> at the end of this session, participants will be able to demonstrate an understanding the use of RTLS in older adults with dementia; the learner will be able to describe how RTLS data can be used to identify gait changes in older adults; and the learner will be able to describe areas for future research using RTLS technology in older adults with dementia. <p>36. Telehealth Intervention Program for Older Adults (TIP-OA): Needs Assessment of Community Organizations Serving Older Adults in Montreal During Covid-19 Syeda Nayab Bukhari</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> identify and evaluate the needs and challenges faced by COs during the pandemic; assess the needs of the older adults during the pandemic; and recommend measures and strategies required to build and increase capacity of the COs for providing services to older adults in emergency situation such as Covid-19. 	Vivaldi
12:50 p.m. – 1:25 p.m.	<p>Awards Overview and Poster Award Presentation Awards Chair</p>	Opus
1:25 p.m. – 1:30 p.m.	<p>Closing Remarks Dallas Seitz and Marie-Andrée Bruneau, CAGP-CCSMH 2022 ASM Co-Chairs</p>	Opus



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TIME	SESSION	LOCATION
1:30 p.m.	Grab and Go Lunch	Foyer
1:30 p.m. – 2:30 p.m.	CCSMH Project Update Meeting - Not accredited The CCSMH is going to announce an exciting new project involving our guidelines on substance use disorders, depression, behavioural symptoms of dementia as well as the development of a new guideline on the topic of anxiety disorders in older adults. Join the CCSMH project leads to hear more about this project! <i>Not accredited</i>	Opus
3:00 p.m. – 5:00 p.m.	Social Event – Hike Lead – Dr. Dallas Seitz	Meet in the lobby



SPONSORS AND EXHIBITORS

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MD Financial Management and Scotiabank Healthcare+

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Mental Health Commission of Canada

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2022 POSTER LIST

Poster #	Title/Authors
37	Evaluation of an introductory e-learning module about sexuality and dementia Katelynn Aelick, Rosemarie Mangiardi, Kristy McKibbon, Birgit Pianosi, Lori Schindel Martin
38	My Personhood Summary: An Updated Autobiographical Tool to Support the Provision of Person-Centred Care Katelynn Aelick, Hillary Langen, Melanie Beaulieu, Monica Bretzlaff
39	A Cross-cultural reliability and validity study of the Arabic version of the Kingston Standardized Cognitive Assessment revised (KSCAR) Houda AlQataybi, Houda Al Qataybi, Najat Khalifa, Lindy Kilik, Mandhar Al.Maqbali, Nasra AL-Sawwafi
40	Qualitative research methods in psychiatry: Brushing through the basics Shabbir Amanullah, Shekhar Seshadri, Debanjan Bannerjee
41	Driving Errors that are Specific to Dementia: A Review of the Literature Sayeh Bayat, Evelyn Vingilis, Jane Seeley, Mark Rapoport
42	The impacts of mindfulness and behavioural activation on brain health in late life depression: Resolving complexity through a proposed experimental design Magnus Bein, Myriam Lesage, Michael Lifshitz, Harmehr Sekhon, Soham Rej
43	Withdrawn
44	Longitudinal Changes in Brain Structure Reflect Differential Patterns of Behavioural and Neuropsychiatric Symptom Change in Genetic Frontotemporal Dementia Paul Tristin Best, Mallar Chakravarty, Simon Ducharme
45	Virtual mindful chair yoga for mental health symptoms and caregiver burden in older adults with dementia and caregivers during COVID-19: A pilot randomized controlled trial Katie Bodenstern, Soham Rej, Harmehr Sekhon
46	Cell-Based Serum Anticholinergic Activity Assay and Working Memory in Cognitively Healthy Older Adults Before and After Scopolamine Susmita Chandramouleeswaran, Zaid Ghazala, Jose N Nobrega, Roger Raymond, Sara Gambino, Bruce G Pollock, Tarek K Rajji
47	Effects of Virtual Reality Meditation in Older Adults: The protocol of a Pilot Randomized Controlled Trial Karin Cinalioglu, Paola Lavin, Magnus Bein, Johanna Gruber, Jade Se, Myriam Lesage, Syeda Bukhari, Pascal Fallavollita, Ipsit Vahia, Soham Rej, Harmehr Sekhon
48	Development of a geriatric Intensive Case Management program for precariously housed older adults living with chronic mental illness Katherine Edmond, Ari B. Cuperfain, Daniel Elder, Torie Vaughan, Michael Tau
49	Optimal Aging for Physicians in Nova Scotia: A Positive Psychiatry Pilot Study to Promote Wellbeing in Older Physicians Amy Gough, Keri-Leigh Cassidy, Margaret Casey, Jean Robinson-Dexter, Michael Vallis, Gail Eskes, Erica Frank



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50	<p>The effectiveness of mindfulness-based meditation treatments for late life anxiety: A systematic review of randomized controlled trials and implications for ethical research and clinical practice</p> <p>Stacey Hatch, Jodi Webber, Soham Rej, Marcia Finlayson, Dorothy Kessler</p>
51	<p>Development and utilization of older adult specific psychopharmacology resources across Canada</p> <p>Joanne Man-Wai Ho, Sophiya Benjamin, R. Jack Bodkin, Tony Antoniou, Meaghan Kemp, Angela Millson, Pam Howell, Megna Patel, Sandra Zaikos, Maha Ghannam, Karen Cameron, Shazia Khokhar, Danielle Yantha, Jennifer Man-Han Tung</p>
52	<p>Brain Health and Cognitive Reserve: The Impact of Exercise on Brain & Aging</p> <p>Sivan Klil-Drori, Katie Bodenstien, Johanna Gruber, Magnus Bein, Soham Rej, Harmehr Sekhon</p>
53	<p>Aging and Technology: If a Virtual Tool is Good for Online Shopping Does it Mean It Is Good for a Virtual Medical Appointment?</p> <p>Sivan Klil-Drori, Christina Rigas, Johanna Gruber, Soham Rej, Harmehr Sekhon</p>
54	<p>Category: Oral Presentation The Implementation of Gentle Persuasive Approach (GPA) on a Geriatric Mental Health Unit</p> <p>Alison Kokocinski, Susy Santos, Suzanne Dyck, Kurt Pay</p>
55	<p>The Behavioural Emergency Response Team (BERT) call: A specialized geriatric team who respond, support and advocate for a person living with dementia during an event of responsive behaviour in an acute-care setting.</p> <p>Melissa Laroche, Kelly MacGregor, Julia Forsyth, Christine Cook</p>
56	<p>Results From a Multicenter Open-label Study of Transitioning From Zolpidem to Lemborexant Across 14 Weeks</p> <p>Margaret Moline, Russell Rosenberg, Dinesh Kumar, Carlos Perdomo, Manoj Malhotra</p>
57	<p>Patient-reported Experiences Associated with Falling Asleep/Sleep Onset in an Open-label Study of Lemborexant and Zolpidem</p> <p>C. Brendan Montano, Manoj Malhotra, Dinesh Kumar, Carlos Perdomo, Margaret Moline</p>
58	<p>Associations among Dorsolateral Prefrontal Cortex Thickness, Surface Area, and Neuroplasticity in Patients with Alzheimer's Dementia</p> <p>Kanza Naveed, Neda Rashidi-Ranjbar, Sanjeev Kumar, Reza Zomorodi, Daniel M Blumberger, Benoit H Mulsant, Bruce G Pollock, Aristotle N Voineskos, Tarek Rajji</p>
59	<p>Best practices in the implementation of electroconvulsive therapy for patients experiencing behavioral and psychological symptoms of dementia: a protocol for a systematic review and modified delphi consensus</p> <p>Aditya Nidumolu, Sameh Hassan, Shabbir Amanullah</p>
60	<p>Virtual Care and the Vulnerable Senior</p> <p>Katelyn Reynolds, Vanessa Thoo</p>



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61	<p>A friendly ear for mental health: Predictors of response to a novel Telehealth Intervention for Older Adults (TIP-OA) for stress and mental health symptoms Christina Rigas, Paola Lavin Gonzalez, Harmehr Sekhon *, Soham Rej *</p>
62	<p>Virtual Healthcare for All: Accessibility and Use of Telehealth Among Canadian Older Adults Christina Rigas, Sivan Klil-Drori, Harmehr Sekhon *, Soham Rej *</p>
63	<p>Methodological review identifies heterogeneity in outcomes measured in geriatric depression clinical trials Myanca Rodrigues, Zuhayr Syed, Pegah Ghiassi, Alexander Dufort, Nitika Sanger, Stephanie Sanger, Balpreet Panesar, Alessia D'Elia, Sameer Parpia, Zainab Samaan, Lehana Thabane</p>
64	<p>Dementia care partners and others highly value iGeriCare e-learning: Pilot evaluation using the Information Assessment Method. Andrew Scott, Stephanie Ayers, Roland Grad, Pierre Pluye, Richard Sztramko, Alexandra Papaioannou, Sharon Marr, Anthony Levinson</p>
65	<p>Isolating Together during COVID-19: Mental Health Effects of a Telehealth Intervention Program for Older Adults (TIP-OA) Harmehr Sekhon *, Paola Lavin *, Blanca Vacaflor*, Christina Rigas, Karin Cinalioglu, Katie Bodenstein, Elena Dikaios, Marim Ibrahim, Florence Coulombe, Allana Goodman, Magnus Bein, Neeti Sasi, Johanna Gruber, Jade Se, Chesley Walsh, Rim Nazar, Cezara Hanganu, Sonia Berkani, Isabelle Royal</p>
66	<p>Virtual Trigger Room - an Educational Tool to Identify and Mitigate Environmental Triggers of Responsive Behaviours in Persons with Dementia Lisa Sokoloff, Kataryna Nemethy, Yael Goldberg, Anna Berall, Jahnel Brookes, Anna Santiago, David Conn</p>
67	<p>How does a history of excessive alcohol consumption affect behavioral and psychological symptoms of dementia (BPSD)? Emytis Tavakoli, Elaina Niciforos, Parmida Amid, Amer Burhan, Sara Colman, Li Chu, Simon Davis, Peter Derkach, Philip Gerretsen, Ariel Graff-Guerrero, Maria M Husain, Zahinoor Ismail, Donna Kim, Linda Krisman, Soham Rej, Benoit Mulsant, sanjeev Kumar, vasavan Nair, Sarah Elmi</p>
68	<p>Effectiveness of Daily Home Practice of Informal Mindfulness Based Interventions for Reducing Depression and Anxiety in Older Adults Anne-Charlotte Thiffault, Katie Bodenstein, Elena Dikaios, Harmehr Sekhon, Soham Rej</p>
69	<p>Capacity and Severe and Persistent Mental Illness in Long-Term Care Vanessa Thoo, Leslie Giddens-Zucker</p>



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70	Barriers to Care for Neuropsychiatric Symptoms in Persons Living with Dementia: A Systematic Review and Meta-Synthesis Britney Wong, Pauline Wu, Mehul Gupta, Ann Subota, Zahra Goodarzi
71	Characterizing the Contribution of Alcohol Use Towards Distinct Neurocognitive Profiles in Individuals with Cognitive Impairment Ari B. Cuperfain, Sandra E. Black, Morris Freedman, Tarek Rajji, Stephen Strother, David F. Tang-Wai, Maria Carmela Tartaglia, Sanjeev Kumar, and the TDRA Clinical Research Database Group
72	Investigating the Mechanisms Underlying the Association Between Female APOE E4 Homozygotes and Increased NPS Burden in Populations at Risk for Alzheimer's Disease Andrew A. Namasivayam, Angela Gupta, Andrew S. Dissanayake, Marc Khoury, Christopher R. Bowie, Meryl A. Butters, Alastair J. Flint, Damien Gallagher, Angela C. Golas, Nathan Herrmann, Zahinoor Ismail, James L. Kennedy, Sanjeev Kumar, Krista L. Lanctot, Linda Mah, Benoit H. Mulsant, Bruce G. Pollock, Tarek K. Rajji, Nathan W. Churchill, Debby Tsuang, Tom A. Schweizer, David G. Munoz, Corinne E. Fischer, and the PACT-MD Research Group